


* Overlake Terrace's June 2007 Assisted Living Activities *

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																											
			<table border="1" style="margin: auto; border-collapse: collapse;"> <thead> <tr> <th>Symbol</th> <th>Room</th> <th>Floor</th> </tr> </thead> <tbody> <tr> <td>A</td> <td>ACTIVITY ROOM</td> <td>3</td> </tr> <tr> <td>TH</td> <td>THEATRE</td> <td>3</td> </tr> <tr> <td>LIB</td> <td>LIBRARY</td> <td>2</td> </tr> <tr> <td>DR</td> <td>DINING ROOM</td> <td>2</td> </tr> <tr> <td>C</td> <td>Café</td> <td>2</td> </tr> <tr> <td>G</td> <td>GAMEALCOVE</td> <td>2</td> </tr> <tr> <td>CR</td> <td>COMPUTER ROOM</td> <td>3</td> </tr> <tr> <td>GY</td> <td>GYM</td> <td>3</td> </tr> </tbody> </table>	Symbol	Room	Floor	A	ACTIVITY ROOM	3	TH	THEATRE	3	LIB	LIBRARY	2	DR	DINING ROOM	2	C	Café	2	G	GAMEALCOVE	2	CR	COMPUTER ROOM	3	GY	GYM	3	<p style="color: red; font-weight: bold; font-size: 1.2em;">* Activity Schedule Is Subject To Change!</p> <p style="color: red; font-weight: bold; font-size: 1.2em;">Please Check The Daily Schedule In the Lobby.</p>	<p style="font-weight: bold; font-size: 1.2em;">1</p> <p>9:30 Exercise / Resistance (Gym) 10:00 Current Events 10:30 Dominoes (Lib) 10:45 Catholic Comm. (TH) 3:00 Music Memories Social</p> <p style="color: red; font-weight: bold; font-size: 1.2em;">7:00 Senior Prom</p> <p>Movie Shown 1:15 & 7:15 (TH)</p>	<p style="font-weight: bold; font-size: 1.2em;">2</p> <p>9:30 Exercise / Cardio (Gym) 10:00 Current Events 10:30 Bingo (A) 2:00 Inter-Active Games 2:00 Pool Sharks (3rd floor) 3:00 Cookies & Crosswords Social 6:30 Poker Night (A) 7:00 Sat. Night Movie (TH)</p>
Symbol	Room	Floor																															
A	ACTIVITY ROOM	3																															
TH	THEATRE	3																															
LIB	LIBRARY	2																															
DR	DINING ROOM	2																															
C	Café	2																															
G	GAMEALCOVE	2																															
CR	COMPUTER ROOM	3																															
GY	GYM	3																															
<p style="font-weight: bold; font-size: 1.2em;">3</p> <p>9:30 Exercise / Balance (Gym) 10:00 Current Events 1:00 Bingo for Prizes (A) 2:00 Walking Club 3:00 Sunday Sampler Social</p> <p>7:00 Sunday Night Movie (TH)</p>	<p style="font-weight: bold; font-size: 1.2em;">4</p> <p>9:30 Exercise / Stretch (Gym) 10:00 Current Events 10:00 Bridge (Lib) 10:15 Hearts Club (A) 1:15 Outing to Alki Beach 3:00 Pretzels, Beer & Sports Social</p> <p>Movie Shown 1:15 & 7:15</p>	<p style="font-weight: bold; font-size: 1.2em;">5</p> <p>9:30 Exercise / Cardio (Gym) 10:00 Current Events 10:30 Trip to Brittany with Mary 10:30 Baking Buddies (A) 2:00 Pool Sharks (3rd floor) 3:00 Bakers Delight Social</p> <p>Movie shown 1:15 & 7:15 (TH)</p>	<p style="font-weight: bold; font-size: 1.2em;">6</p> <p>9:30 Exercise / Weights (Gym) 10:00 Current Events 10:30 Trivia (Lib) 1:15 Bank & Shop Fred Meyer 1:30 Reading Group (Lib) 3:00 Root Beer Floats & Jokes Social</p> <p>Movie Shown 1:15 & 7:15 (TH)</p>	<p style="font-weight: bold; font-size: 1.2em;">7</p> <p>9:30 Exercise / Stretch (Gym) 10:00 Bible Study (TH) 10:30 Headlines & Mind Games (Lib) 1:00 Scrabble (Lib) 2:00 Garden Club (A) 2:30 Karaoke Sing Along (Lib) 3:00 Popcorn & Who's Who? Social</p> <p>Movie Shown 1:15 & 7:15 (TH)</p>	<p style="font-weight: bold; font-size: 1.2em;">8</p> <p>9:30 Exercise / Resistance (Gym) 10:00 Current Events 10:30 Dominoes (Lib) 10:45 Catholic Comm. (TH) 3:00 Music Memories Social 4:30 Family Happy Hour 6:30 Inspiration with Hjordis</p> <p>Movie Shown 1:15 & 7:15 (TH)</p>	<p style="font-weight: bold; font-size: 1.2em;">9</p> <p>9:30 Exercise / Cardio (Gym) 10:00 Current Events 10:30 Bingo (A) 2:00 Inter-Active Games 2:00 Pool Sharks (3rd floor) 3:00 Cookies & Crosswords Social 6:30 Poker Night (A) 7:00 Sat. Night Movie (TH)</p>																											
<p style="font-weight: bold; font-size: 1.2em;">10</p> <p>9:30 Exercise / Balance (Gym) 10:00 Morning Worship (Th) 2:00 Walking Club 3:00 Sunday Sampler Social</p> <p>7:00 Sunday Night Movie (TH)</p>	<p style="font-weight: bold; font-size: 1.2em;">11</p> <p>9:30 Exercise / Stretch (Gym) 10:00 Current Events 10:00 Bridge (Lib) 10:15 Hearts Club (A) 1:15 Shop Top Foods 3:00 Pretzels, Beer & Sports Social 3:30 Tai Chi with Bing (Lib)</p> <p>Movie Shown 1:15 & 7:15</p>	<p style="font-weight: bold; font-size: 1.2em;">12</p> <p>9:30 Exercise / Cardio (Gym) 10:00 Food Forum with Mike 10:30 Baking Buddies (A) 11:00 Out for Pizza 2:00 Pool Sharks (3rd floor) 3:00 Bakers Delight Social 6:30 Music Entertainment Randy Rogers</p> <p>Movie shown 1:15 & 7:15 (TH)</p>	<p style="font-weight: bold; font-size: 1.2em;">13</p> <p>9:30 Exercise / Weights (Gym) 10:00 Current Events 10:30 Trivia (Lib) 11:00 Tulalip Casino Trip 2:00 Pinochle Group (A) 3:00 Lets Knit with Anna (Lib) 3:00 Root Beer Floats & Jokes Social</p> <p>Movie Shown 1:15 & 7:15 (TH)</p>	<p style="font-weight: bold; font-size: 1.2em;">14</p> <p>9:30 Exercise / Stretch (Gym) 10:00 Town Meeting (TH) 10:30 Current Events 11:00 Mind Games (Lib) 1:00 Scrabble (A) 2:00 Pool Sharks (3rd floor) 3:00 Popcorn & Who's Who? Social 4:00 OT-PT Reception</p> <p>Movie Shown 1:15 & 7:15 (TH)</p>	<p style="font-weight: bold; font-size: 1.2em;">15</p> <p>9:30 Exercise / Resistance (Gym) 10:00 Current Events 10:30 Dominoes (Lib) 10:45 Catholic Comm. (TH) 3:00 Music Memories Social 4:30 Family Happy Hour 6:30 Inspiration with Hjordis</p> <p>Movie Shown 1:15 & 7:15 (TH)</p>	<p style="font-weight: bold; font-size: 1.2em;">16</p> <p>9:30 Exercise / Cardio (Gym) 10:00 Current Events 10:30 Bingo (A) 2:00 Inter-Active Games 2:00 Pool Sharks (3rd floor) 3:00 Cookies & Crosswords Social 6:30 Poker Night (A) 7:00 Sat. Night Movie (TH)</p>																											
<p style="font-weight: bold; font-size: 1.2em;">17</p> <p>9:30 Exercise / Balance (Gym) 10:00 Fathers Day Brunch 2:00 Walking Club 3:00 Sunday Sampler Social</p> <p>7:00 Sunday Night Movie (TH)</p>	<p style="font-weight: bold; font-size: 1.2em;">18</p> <p>9:30 Exercise / Stretch (Gym) 10:00 Current Events 10:00 Bridge (Lib) 10:15 Hearts Club (A) 1:15 Outing Pioneer Park 3:00 Pretzels, Beer & Sports Social</p> <p>Movie Shown 1:15 & 7:15 (TH)</p>	<p style="font-weight: bold; font-size: 1.2em;">19</p> <p>9:30 Exercise / Cardio (Gym) 10:00 Current Events 11:00 Red Hat Lunch at Ruby's Diner 2:00 Pool Sharks (3rd floor) 2:00 Jigsaws (Library) 3:00 Bakers Delight Social</p> <p>Movie shown 1:15 & 7:15 (TH)</p>	<p style="font-weight: bold; font-size: 1.2em;">20</p> <p>9:30 Exercise / Weights (Gym) 10:00 Current Events 10:30 Trivia (Lib) 1:15 Bank & Shop Safeway 1:30 Reading Group (Lib) 2:30 Diversity Day & Talent Show 3:00 Root Beer Floats & Jokes Social</p> <p>Movie Shown 1:15 & 7:15 (TH)</p>	<p style="font-weight: bold; font-size: 1.2em;">21</p> <p>8:30 Breakfast out with David 9:30 Exercise / Stretch (Gym) 10:00 Bible Study (TH) 10:30 Headlines & Mind Games (Lib) 1:00 Scrabble (Lib) 2:30 Summer Splash With the Harry Miller Trio</p>	<p style="font-weight: bold; font-size: 1.2em;">22</p> <p>9:30 Exercise / Resistance (Gym) 10:00 Current Events 10:30 Dominoes (Lib) 10:45 Catholic Comm. (TH) 3:00 Music Memories Social 4:30 Family Happy Hour 6:30 Inspiration with Hjordis</p> <p>Movie Shown 1:15 & 7:15 (TH)</p>	<p style="font-weight: bold; font-size: 1.2em;">23</p> <p>9:30 Exercise / Cardio (Gym) 10:00 Current Events 10:30 Bingo (A) 2:00 Inter-Active Games 2:00 Pool Sharks (3rd floor) 3:00 Cookies & Crosswords Social 6:30 Poker Night (A) 7:00 Sat. Night Movie (TH)</p>																											
<p style="font-weight: bold; font-size: 1.2em;">24</p> <p>9:30 Exercise / Balance (Gym) 10:00 Current Events 10:30 Bingo for Prizes 2:00 Walking Club 3:00 Sunday Social</p> <p>7:00 Sunday Night Movie (TH)</p>	<p style="font-weight: bold; font-size: 1.2em;">25</p> <p>9:30 Exercise / Stretch (Gym) 10:00 Current Events 10:00 Bridge (Lib) 10:15 Hearts Club (A) 1:15 Shop Sears & Fred Meyer 3:00 Pretzels, Beer & Sports Social 3:30 Tai Chi with Bing (Lib)</p> <p>Movie Shown 1:15 & 7:15 (TH)</p>	<p style="font-weight: bold; font-size: 1.2em;">26</p> <p>9:30 Exercise / Cardio (Gym) 10:00 Current Events 10:30 Baking Buddies (A) 2:00 Pool Sharks (3rd floor) 2:00 Jigsaws (Library) 2:30 Housewarming Tea (A) 3:00 Bakers Delight Social</p> <p>Movie shown 1:15 & 7:15 (TH)</p>	<p style="font-weight: bold; font-size: 1.2em;">27</p> <p>9:30 Exercise / Weights (Gym) 10:00 Current Events 10:30 Trivia (Lib) 1:00 Woodland Park Rose Garden 2:00 Pinochle Group (A) 3:00 Root Beer Floats & Jokes Social</p> <p>Movie Shown 1:15 & 7:15 (TH)</p>	<p style="font-weight: bold; font-size: 1.2em;">28</p> <p>9:30 Exercise / Stretch (Gym) 10:00 Bible Study (TH) 10:30 Headlines & Mind Games (Lib) 1:00 Scrabble (Lib) 2:00 Garden Club (A) 2:00 Pool Sharks (3rd floor) 3:00 Popcorn & Who's Who? Social</p>	<p style="font-weight: bold; font-size: 1.2em;">29</p> <p>9:30 Exercise / Resistance (Gym) 10:00 Current Events 10:30 Dominoes (Lib) 10:45 Catholic Comm. (TH) 3:00 Music Memories Social 4:30 Family Happy Hour 6:30 Inspiration with Hjordis</p> <p>Movie Shown 1:15 & 7:15 (TH)</p>	<p style="font-weight: bold; font-size: 1.2em;">30</p> <p>9:30 Exercise / Cardio (Gym) 10:00 Current Events 10:30 Bingo (A) 2:00 Inter-Active Games 2:00 Pool Sharks (3rd floor) 3:00 Cookies & Crosswords Social 6:30 Poker Night (A) 7:00 Sat. Night Movie (TH)</p>																											



MEAL TIMES
Breakfast-7:30-9:00 a.m.
Lunch-11:30-1:00 p.m.
Supper-4:30-6:00 p.m.

SERVICES

TRANSPORTATION:
Local Medical Appointments
Tuesday and Thursday
Please Consult Schedule With the Nursing Staff

SALON
Hair Care
Manicures
Pedicures
Hours: Monday-Friday 9:00-5:00
Country Store Hours Mon, Wed, Fri

